

Know what to do next.

Your Long-Term Care Action Plan

Built around long-term care options in Vancouver.

For parent in Vancouver

Path: Long-term care

Home Care

Meal Delivery

Transportation

This housing plan is built around long-term care options in Vancouver.

Use it to focus the next conversation:

1. Compare the communities or care homes listed in this plan
2. Call or tour the strongest fits and confirm availability, costs, waitlists, and care level

Facility details are based on public and official sources available when this plan was generated. Call facilities or your health authority directly to confirm availability, pricing, eligibility, and fit.



See all 48+ options

Long-term care options in Vancouver

Long-Term Care

This is usually not the first bridge option. It is generally explored when care needs are higher and safety can no longer be managed well at home or in assisted living.

Usually entered through assessment and public care system pathways. The Home Health Intake Assessment (8-1-1) helps start this process.

Fair Haven – Vancouver

(604) 433-2939

Vancouver Coastal Health Non-profit

Ask about: current waitlist status, whether they support hospital-discharge planning, and the care levels they accept.

Royal Ascot Care Centre

(604) 254-5559

Vancouver Coastal Health For-profit

Ask about: current waitlist status, whether they support hospital-discharge planning, and the care levels they accept.

More options at carecompare.ca

Applying now does not commit you. It keeps your options open.

Have you called about long-term care yet?

Yes Not yet

Questions to ask long-term care homes

Use these questions with the health authority or care home to understand timing, fit, and next steps.

1. What is the current waitlist status, and how are offers prioritized?

Wait times are usually regional and priority-based, so current status matters more than averages.

2. What care levels and behavioural or dementia needs can the home support?

Fit depends on staffing, licensing, care model, and whether the home can safely meet current needs.

3. What should we prepare now in case a bed offer comes quickly?

Families often need documents, medication lists, clothing, decision-makers, and contact details ready.

What you asked for in Vancouver

Start with the options below. If you want help choosing, the next section highlights the first three calls to make.

Based on your answers, this plan includes: Personal care and home support, Meal preparation and nutrition, Getting to appointments.

You don't need to arrange all of this. Start with the one or two that matter most right now.

What to ask on any home-support call:

- Can you start this week?
- What is the minimum commitment or shift length?
- What happens if the regular caregiver is away?

Home Care

Personal care that comes to the home. Can often begin within 48 hours.

Private / paid service. Private home care can often start this week.

Right at Home

1-(604) 563-4663

Metro Vancouver [Home Care](#) Alzheimer's care, hospital-to-home transitions, personal care

Ask about: how soon they can start, hourly rate ranges, and whether they can support hospital-discharge transitions.

Qualicare

1-(778) 652-8426

Metro Vancouver [Home Care](#) Daily personal care, meal preparation, household help

Ask about: how soon they can start, hourly rate ranges, and whether they can support hospital-discharge transitions.

+ 13 more home care options in Vancouver at carecompare.ca

Questions to ask home care providers

Keep these questions handy when calling home care agencies. They help you confirm timing, fit, and backup coverage before you commit.

1. How soon could care start, and what is your minimum shift length?

Start date and minimum hours determine whether the agency can actually solve this week's problem.

2. Who would be coming into the home, and what happens if that caregiver is away?

Continuity matters for trust. Backup coverage also tells you how the agency handles illness, holidays, and schedule changes.

3. Which tasks are included in the hourly rate, and which cost extra?

Ask specifically about bathing, dressing, meals, medication reminders, transportation, and companionship so the quote is not misunderstood.

Meal Support

Delivered meals and in-home meal preparation assistance.

Usually private / paid service.

Japanese-Style Meals on Wheels

(604) 687-2172

Serves Vancouver area [Meal Delivery](#) hot meals delivered daily, nutrition support

Care BC Meals on Wheels

(604) 732-7638

Vancouver, BC [Meal Delivery](#) hot meals delivered daily, nutrition support

+ 3 more meal support options in Vancouver at carecompare.ca

Questions to ask meal delivery services

These questions help you check whether the meal service fits health needs and daily routine.

1. Can you accommodate dietary needs such as diabetic, low-sodium, minced, or pureed meals?

Nutrition support only helps if the meals match medical and swallowing needs.

2. How often do you deliver, and what happens on holidays or missed deliveries?

Delivery rhythm matters for someone who depends on prepared meals.

3. Can meals be paused, changed, or increased quickly if needs change?

Families often need flexibility after illness, hospital discharge, or a caregiver schedule change.

Transportation

Some options are public or community-based, some are private paid services.

TransLink Access Transit (HandyDART) — Metro Vancouver

(604) 953-3680

Metro Vancouver [Transportation](#)

Driving Miss Daisy — Senior Transportation

1-(877) 613-2479

Franchises across BC [Transportation](#)

+ 1 more transportation option in Vancouver at carecompare.ca

Questions to ask transportation providers

Keep these questions handy when calling transportation providers. They help prevent surprise costs and confirm the ride is safe for your loved one.

1. How exactly is the ride priced?

Ask if they charge by the trip, by the hour, or by the kilometer. Check for minimum charges (e.g., a 2-hour minimum) and whether time is billed in 15 or 30-minute increments.

2. How much notice do you need for a booking?

Medical needs can change quickly. Ask if they accept same-day bookings or require 5–7 days' notice. For recurring clinic visits, ask if they can guarantee a weekly slot.

3. What specific hands-on help does the driver provide?

Confirm if the service is curbside (like a taxi) or door-through-door. Ask if the driver helps with walkers or wheelchairs and whether they can accompany the senior into the appointment.

Best First Steps

Start Here

Of the options above, these are the three calls to make first. Use these steps to compare fit, availability, and costs after reviewing the local options above.

1 Request a Home Health assessment

Ask Home and Community Care intake for an assessment for a senior in Vancouver. This is the usual starting point for publicly subsidized long-term care in BC.

Say: "I need a Home Health assessment for long-term care planning in Vancouver."

Public care pathway

- **HealthLink BC — Home & Community Care Intake 8-1-1**

Assigned to: _____

2 Ask about preferred care homes and wait times

Your case manager can explain eligibility, urgency, available beds, preferred homes, and what happens if the first offered bed is not your first choice.

Assigned to: _____

3 Review the homes listed in this plan

Compare location, ownership, ratings, inspection context, and family notes before you make calls or tour where tours are available.

Assigned to: _____

Quick Match: Need — First Contact

Need	First contact
Bathing and dressing	Right at Home Greater Vancouver - Home Care — (604) 563-4663
Meal preparation and nutrition	Japanese-Style Meals on Wheels — 604-687-2172
Getting to appointments	TransLink Access Transit (HandyDART) — Metro Vancouver — 604-953-3680

Want to review these options online?

This PDF shows your top long-term care matches near Vancouver. Return to the live results to compare options and keep exploring.

The website also has **Services and Calculator** if you need them later.

Go to: carecompare.ca/navigator



Scan to view

Care Coordination Log

Track calls, tours, costs, and next steps as your family works through providers.

Provider / Service	Date	Spoke With	Next Step
Fair Haven – Vancouver Assigned to:			
Royal Ascot Care Centre Assigned to:			
Right at Home Assigned to:			
Qualicare Assigned to:			
Japanese-Style Meals on Wheels Assigned to:			
Care BC Meals on Wheels Assigned to:			

If this situation feels new and overwhelming, that is normal. Most families learn as they go.

For now, focus on just three things.

1. Request the publicly-funded assessment (call 8-1-1 or the HCC Case Manager line).
2. Ask the case manager about eligibility, waitlists, preferred homes, and what happens if the first offered bed is not your first choice.
3. Share the plan with family so everyone is working from the same page.

You do not need to solve everything today. You just need the next right step.

What to do next

This PDF focuses on housing.

If you also need home help, meals, transportation, safety monitoring, moving help, or other support:

- Return to carecompare.ca and choose Services
- To estimate monthly costs, choose Calculator



carecompare.ca

CareCompare.ca

Free · Independent · No referral fees