

## Your BC Care Home Visit Checklist

What to look for when touring care facilities

### First Impressions

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- Is the facility clean and free of strong odors?
- Do residents appear well-groomed and engaged?
- Are staff friendly and willing to answer questions?
- Is the building well-maintained and accessible?

### Care & Staffing

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- What is the staff-to-resident ratio? (Ask directly)
- Are there registered nurses on-site 24/7?
- How are medications managed?
- What happens in a medical emergency?
- Can they accommodate specific needs? (hearing, mobility, dementia, diet)

### Daily Life

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- What does a typical day look like for residents?
- Are there organized activities and social programs?
- Can residents personalize their rooms?
- What are the meal options? (Ask to see a menu or try a meal)
- Are there outdoor spaces residents can access?

### Practical Details

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- What is the total monthly cost? What's included vs. extra?
- Is there a waitlist? How long?
- What is the move-in process?
- What are the visiting hours and guest policies?
- What is the discharge/transfer policy?

### Your Notes

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Facility name: \_\_\_\_\_

Date visited: \_\_\_\_\_

Overall impression: \_\_\_\_\_